



ELTHAM REDBACKS FOOTBALL CLUB INC.

ABN 34 394 819 801, Reg No. A0008940Y

Correspondence to: PO Box 236, Eltham, VIC 3095.

Home ground: Wattletree Rd, Eltham North

Vets Program for over 45's and Social Dads

ERFC has introduced a Vets program that encourages men of all ages to engage in an appropriate football program that has a competitive and non-competitive element with a health and well-being focus. These programs have proved very popular and have helped men of all ages get back into football and fitness with football programs structured to their ability and how they would like to play the game.

Teams

Over 45's	Played within a private League, semi competitive based
Big kidz	Social game played generally once or twice a week

Times:

Program starting in April 2015 - finish August 2015

Places:

Generally no limit

Where:

Eltham Redbacks Home Ground, Wattletree Rd, Eltham Nth

When

O 45's matches are on Friday evenings and Saturday afternoons

Training Wednesday night (TBC)

Social Generally weekday (Monday or Wednesday) from 8.30pm -10pm (TBC)

Uniform:

Full uniform supplied for O45s. Boots and shin-pads need to be purchased.

Cost:

Over 45s - \$375– includes playing strip (top, shorts, socks), affiliation fees if any, team nomination fee if any, player registration fee, training facilities rental, season trophies, all training equipment (balls, cones, bibs etc) referees and facilities management.

Social – BigKibz - \$85

Enquires:

Over 45's players <http://elthamredbacksfc.org.au/join-our-vets-over-45s-players-wanted/>

Social player's bigzkidz@elthamredbacksfc.org.au