

## Saturday Program: Small-Sided Football for U5, U6s and U7s

THE FUTURE IS FOOTBALL REDBACKS FOOTBALL

elthamredbacksfc.org.au

Our Small-Sided Football Program is designed for children who are just beginning their football journey. The program has two simple aims: to develop a set of fundamental football skills and a love of the game in each player.

Children are placed into teams of 10-12 according to age, each with a parent coach, assistant and team manager. This then becomes their squad for the season. We recognise the importance each child places on being with their friends and aim to group players who know one another together. We will ask for friendship requests close to the start of the season.



Sessions are run according to our football curriculum, adapted from Football Federation Australia's extensive

curriculum and overseen by our qualified Head Coach. The sessions run for 60 minutes each week, broken into a 30 minute skills practice and a 30 minute game. Our full season begins in April and runs for 16 weeks.

## The Key Points

Years of Birth:	2013, 2014 and 2015	
Places:	We cater for up to 140 players	
Where:	Eltham North Reserve, Wattletree Road, Eltham North	
When:	Saturday Mornings. Depending on the final break down of ages and places, all our girls teams and our U7 boys will train at 9:00am, while our U5 and U6 boys will train at 10:15am. Due to parent feedback, boys and girls are placed in separate squads.	
Uniform:	A full Redbacks playing kit of playing shirt, shorts and socks is provided. Boots and shin pads need to be purchased separately from a sports store – we recommend our excellent sponsor Sport First Eltham who provide a discount to Redbacks members.	
Cost:	\$440. This fee is <u>all inclusive</u> and covers club expenses such as governing body association fees, hire of pitch and clubroom facilities from council, season trophies, coaching fees, training equipment and a building levy contributing to the repayment of loans for our new clubrooms.	
	Unfortunately the governing body charges a 1.8% credit card surcharge upon payment which we must pass on – we have once again provided feedback to them about the size of this charge.	



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Dates for 2020:	18 April 2 May 9 May 16 May 23 May 30 May 13 June 20 June	18 July 25 July 1 August 8 August 15 August 22 August 29 August 5 September	
	The Program will not take place over long weekends or school holidays.		
Volunteer Roles:	The club is a not-for-profit sporting body and relies heavily on volunteers for it to run effectively. A strong sense of community exists throughout the club and is particularly prominent in the Saturday Program. It is common to see three or more parents per squad giving up their time to coach each weekend.		
	If you are able to lend a hand, in either an on field role, in the canteen or in an administrative role, please email <u>saturdayprogram@elthamredbacksfc.org.au</u> .		
	All coaches and behind the scenes volunteers are trained and well supported by our Program Coordinators, Head Coach, club committee and duty managers. We are proud of the number of volunteers who return each season for another year of football and happily 'go around again' in their roles as we believe it is the best indication of how our volunteers feel.		
To register:	Visit Play Football via <u>www.playfootball.com.au</u> and follow the steps over the page. Note that this is the only method of registration and payment – due to the huge burden it places on our volunteers, we do not accept cash or bank transfer payments.		
Questions:	saturdayprogram@eltham	nredbacksfc.org.au	