



## Saturday Program: Spiderlings for U3s and U4s

Our Spiderlings Program is designed for children who are getting into organised sport for the first time. The program has three simple aims: to develop fundamental motor skills in children, to enhance social and emotional development, and to introduce players to a positive sporting club environment.

Children are placed into a group of 15 each week alongside the other 3 and 4 year olds who have registered for the same time. This then becomes their 'team' for the season. We will ask for session time requests close to the start of the season. We recognise the importance each child places on being with their friends and aim to group players who know one another together. Please consider this when requesting a session time.



The children play a range of sporting and football style activities under the guidance of Coach Michael who has run over 5000 sports education sessions for children at this age. The development of relationships and self-confidence are as crucial to the curriculum as any sports skills.

The sessions run for 30 minutes each week. The season begins in April and runs for 16 weeks. An 8 week program is available for those who wish to 'try' before committing to the full season.

### The Key Points

Years of Birth:	2016 and 2017
Places:	We cater for up to 60 players
Where:	Eltham North Reserve, Wattletree Road, Eltham North
When:	Saturday Mornings. Available start times include 9:15am, 9:45am, 10:15am, 10:45am.
Uniform:	A Spiderlings playing shirt is provided. Though runners will get the job done, children may like to wear football boots and shin pads like the 'big kids' do. These can be purchased separately from a sports store – we recommend our excellent sponsor Sport First Eltham who provide a discount to Redbacks members.
Cost:	\$375 for the 16 week season, \$245 for 8 weeks. This fee is <b>all inclusive</b> and covers club expenses such as governing body association fees, hire of pitch and clubroom facilities from council, season trophies, coaching fees, training equipment and a building levy contributing to the repayment of loans for our new clubrooms.



Unfortunately the governing body charges a 1.8% credit card surcharge upon payment which we must pass on – we have once again provided feedback to them about the size of this charge.

Dates for 2020:	18 April	18 July
	2 May	25 July
	9 May	1 August
	16 May	8 August
	23 May	15 August
	30 May	22 August
	13 June	29 August
	20 June	5 September

The Program will not take place over long weekends or school holidays.

**Volunteer Roles:** The club is a not-for-profit sporting body and relies heavily on volunteers for it to run effectively. A strong sense of community exists throughout the club and is particularly prominent in the Saturday Program. Many of the parents in the U5s, U6s and U7s are involved as coaches or in off field roles and we encourage parents of our Spiderlings to get involved too.

If you are able to lend a hand in the canteen or in an administrative role, please email [saturdayprogram@elthamredbacksfc.org.au](mailto:saturdayprogram@elthamredbacksfc.org.au).

All volunteers are trained and well supported by our Program Coordinators, club committee and duty managers. We are proud of the number of volunteers who return each season for another year of football and happily 'go around again' in their roles as we believe it is the best indication of how our volunteers feel.

**To register:** Visit Play Football via [www.playfootball.com.au](http://www.playfootball.com.au) and follow the steps over the page. Note that this is the only method of registration and payment – due to the huge burden it places on our volunteers, we do not accept cash or bank transfer payments.

**Questions:** [saturdayprogram@elthamredbacksfc.org.au](mailto:saturdayprogram@elthamredbacksfc.org.au)

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